

connection AND restoration

NOVEMBER 2025



Camels & Cows & Sheep....Oh My!

The barn is buzzing with excitement as the kids prepare for this year's holiday musical! Between schoolwork and chores, they've been rehearsing lines, practicing songs, and designing handmade props to bring the story to life. Every laugh during rehearsal and every off-key note reminds us that the process is just as meaningful as the performance.

What's most inspiring is how each child finds their place—whether it's singing center stage, painting scenery, or helping with costumes. They're learning teamwork, confidence, and the joy of creating something together. The holidays remind us that gifts come in many forms, and this one—made of courage, creativity, and community—is one of the best.

When the curtain rises, it won't just be a show—it will be a celebration of growth, hope, and hard work paying off. So save the date and plan to join us for music, food, fun, and a barn full of memories!



Friday, December 5th

Crafts | Door Prizes | Cookies | Hot Chocolate

Open House @ 6:00 p.m.
Program Begins @ 6:30 p.m.

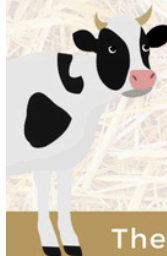
FOR MORE INFO & TO RSVP

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🌐 MYFATHERSARROWS.ORG

📍 4025 COUNTY ROAD 178 JAY, FL 32565



The program is in our barn. Dress warmly!

A Time for New Beginnings

Today we celebrate one of our girl Arrows as she graduates from our program. **We are so proud of the growth, strength, and faith she's shown along the way.**

Just as the Bible reminds us, "To everything there is a season... a time to heal, a time to build up" (Ecclesiastes 3:1,3).

This is her time — a time to step into a new season with hope, purpose, and the confidence that God has great plans ahead.

Before she left, we had one last special moment — a baptism right in the bathtub! What a beautiful reminder that **God meets us wherever we are and that new beginnings can happen anytime, anywhere.**

Please join us in praying for her as she starts this next chapter of her journey.



Bless a child with their favorite dish from home

One of our favorite traditions at MFA is the Thanksgiving buffet! Each child chooses their favorite dish from home, and our team lovingly prepares all 40 of them, creating a feast full of memories, flavors, and laughter. It's a joyful way to celebrate family, gratitude, and togetherness. You can help make this special meal possible—your donation ensures every child enjoys a Thanksgiving filled with love, warmth, and the tastes of home. Join us in keeping this beloved tradition alive!



Thank you to all of our Opry sponsors and those that attended. You made the night a success!



Healing in the Barn

Every afternoon, children gather in the barn for chore time. Buckets clatter, brushes sweep through manes, and laughter mixes with the gentle sounds of horses breathing. What may look like routine barn work is actually one of the most powerful (and sometimes chaotic) parts of the healing process.

The horses don't judge, rush, or demand perfection. They respond to calm voices and steady hands—something many of our children are still learning to offer. When a child brushes a horse or leads it to pasture, they are practicing patience, empathy, and trust. They learn that gentleness has power and that care brings connection.

These moments build confidence in ways words cannot. The rhythm of daily chores helps children find structure, while the quiet strength of the horses teaches them peace. Each stall cleaned and each halter fastened becomes a small victory over fear and self-doubt. In time, those small victories grow into restored confidence and emotional balance that carries into every area of their lives. We're reminded of Isaiah 32:17–18 (NKJV):

“ ———
| “The work of righteousness will be peace, and the effect
| of righteousness, quietness and assurance forever. My
| people will dwell in a peaceful habitation, in secure dwellings,
| and in quiet resting places.” ——— ”

In the barn, healing often looks like ordinary work—but God is present in every scoop of hay and every softened heart. What begins as a simple chore often becomes a moment of transformation, where a child learns that they are capable, needed, and deeply loved.



The Power of Thankfulness When Life Doesn't Go as Planned

If there's one thing we've learned at My Father's Arrows, it's that life rarely follows the path we expect. Plans fall through, doors close, and sometimes the road takes sharp turns we never saw coming. Yet even in those moments, **God is at work—quietly weaving purpose through every detail, even the ones that don't make sense right now.**

This season, I've been reflecting on 1 Thessalonians 5:18 (NKJV):

*"IN everything give thanks;
for this is the will of God in
Christ Jesus for you."*

Notice it doesn't say FOR everything, but IN everything. **Gratitude isn't denial—it's faith. It's choosing to believe that God's hand is steady when ours tremble, and that His goodness hasn't changed just because our plans have.**

Here at the ranch, we see that kind of thankfulness every day. A child who once shut everyone out now smiles as she feeds her horse. A teen who struggled with anger

now helps younger children with chores. A mother rebuilding her life recently told us, "For the first time, I'm thankful to wake up."

None of these transformations happened overnight, but through patient love, prayer, and the grace of God, **healing is taking root—one grateful heart at a time.**

There are days when challenges feel heavy, but then I hear laughter echoing through the barn and remember your faithfulness. **Your prayers, your giving, and your belief in this mission make every step possible.**

Even when life doesn't go as planned, He is still good—and there is still so much to be thankful for.

From all of us at My Father's Arrows, may your Thanksgiving be filled with peace, gratitude, and the joy of knowing that God is using your faithfulness to change lives.

Sarah Ellis

*Executive Director
My Father's Arrows*



We Love our Firefighters!

A huge thank you to the Allentown Volunteer Fire Department (Station 11) for coming out and spending time with us. The kids had the chance to check out the equipment, tour the fire truck, spray the line, and ask all their questions about firefighting.

