

FUN



in the

Sun

@

my
FATHER'S
ARROWS

" Children are a gift of the Lord....like arrows in the hand of a warrior so are the children of one's youth." Psalm 127: 3-4



Therapeutic RIDING PROGRAM

MFA is one of the very few residential facilities in the United States with a therapeutic riding program. Therapeutic riding programs harness the unique bond between humans and horses to foster restoration and growth. The program aims to cultivate vital life skills, including emotional balance, self-assurance, and accountability. This therapeutic activity offers a welcoming and non-intimidating space, contrasting the formal setting of conventional counseling sessions. Engaging with horses, the children learn to navigate their emotions and experiences, finding solace and strength, which has been effective across a variety of disorders.

CAN HELP:

- Trauma
- Stress
- Eating Disorders
- Behavior Disorders
- Learning Challenges
- Depression / Anxiety / PTSD
- ADD/ADHD Autism/Asperger's

BENEFITS:*

- Increased trust
- Reduced anxiety / depression
- Increased self-esteem, self-acceptance, and social skills
- Better impulse control
- Improved communication skills, including non-verbal

GET INVOLVED

Would you like to provide a therapeutic riding horse for a child? Donations assist in paying for:

- Feed / Supplements
- Veterinary Care
- Tack
- Daily Staff Care



*According to an article in Psychology Today.

Let's CELEBRATE!

Join us in praying over these children on their birthdays, that God would be real to them and that they would find peace, hope, and their future in Him.



BLESS A CHILD ON THEIR BIRTHDAY

Join our Birthday team and sponsor a child's birthday with a \$25 donation. This donation makes it possible for us to take a child on an individual shopping trip and invest not only in a special gift, but also in them as an individual.



STAFF NEEDS

A good team of staff members is critical to continuing the ministry at MFA and giving children the stability and security they need to thrive. Please contact us via email@info@myfathersarrows.org or call us at (850) 675-4403 for our most recent openings.

FILLING IN THE GAP

As we gather to celebrate our fathers, it's a good time to reflect on just how important they are in the lives of children. At MFA, we see firsthand the profound impact a father can have on children. It's not just about putting food on the table or fixing what's broken; it's about being a godly role model, a steady hand, and a source of unconditional love.

In the Bible, Ephesians 6:4 tells us, "Fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord." Now, that's a tall order, but it's a powerful reminder of the spiritual leadership fathers are called to provide. When a daddy kneels down to pray with his child or shares a lesson from the Bible, he's planting seeds of faith that will grow for years to come.

For some of the children at MFA the staff and Daddy Jason are the only father figures that will play a role in their lives. When they turn eighteen and graduate, the love of their family at MFA continues beyond the MFA campus. Just listen to the simple ways that one of our father figures has blessed the life of Leah.

Q: In what ways has your father figure provided support during challenging times?

A: He's always there when I need to feel safe whether my emotions are high, or there is just a big, scary storm outside.

Q: What is something you admire about your father figure?

A: I would say his strength. Daddy Jason is such a hard worker. I see him working outside even on very hot days to make sure that things get taken care of around here. Even more than that though, his inner strength— even in hard times, he stays the same. It doesn't matter if I have done something wrong, I know he still loves me and wants good for me.

Q: What is one thing you would like to thank your father figure for?

A: I'm thankful that he takes the time to brighten my day and cheer me up if he sees that I am struggling. He is everything in a daddy that I never had.

Q: How do you see your relationship with your father figure evolving in the future?

A: I see him being there at important times in my life like my graduation and my wedding. His godly character sets the bar for what I will look for in my future husband. I know that he will always be there for me when I need advice as I grow up.

Here in the South, we've always valued the simple things in life—sweet tea on the porch, a good fishing trip, and the wisdom of our elders. Fathers pass down traditions, wisdom, values, and a sense of who we are. They teach us the meaning of hard work, safety, integrity, and the importance of keeping our word. Those lessons stick with a child and shape them into adults who honor God and serve their communities.

I've seen the difference it makes when a child knows they have a father in their corner guiding them through life's challenges. It's a source of strength and stability that's hard to come by any other way. And for those kids who don't have a father in their lives, that's where we, as a community, can step in to bring restoration by sharing neighborly love to show these kids they're valued.

I'm so thankful for the godly fathers in my life and in our ministry. Let's honor fathers today and every day. Let's remember the crucial role they play and encourage them to keep the faith and lead the family. A father's love is a powerful thing, and together, we can make sure every child feels its warmth and strength, no matter what comes their way.




WHAT SUPER POWER WOULD YOU GIVE YOUR DAD?




Flying - so we don't have to walk to school and laser beams to scare away bad guys.

MATTHEW




To Know the Whole Bible by Memory - so he can tell people the good news of Jesus.

DAHLIA



Super Strength - so he doesn't hurt after his construction job each day.

BENJAMIN




My dad doesn't need a super power, because he's a super dad.

SOPHIE-ROSE



Flying - so my dad doesn't get so tired driving and we can fly to vacation.

JOHN



That he would be able to finish his work super fast so he could spend more time with our family.

KAIRI

Opry *in* **THE BARN**
 JUNE 14 2024

Gospel Music | Silent Auction | FREE Dinner

PRESENTED BY: **MY FATHER'S ARROWS**

FOR MORE INFO & TO RSVP
 DENEEN | 850.918.9093
 SUSTAIN@MYFATHERSARROWS.ORG
 MYFATHERSARROWS.ORG
 4025 COUNTY ROAD 178 JAY, FL 32565

Gates Open @ 5 p.m. Dinner 5:30 - 6:30 p.m.

DIRECTOR'S CORNER

Even though the children at MFA are not apart from their parents forever, being separated from them during the days dedicated to honoring mothers and fathers can be particularly challenging. So how can we help the children during these times?

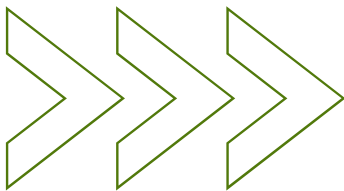
Activities that focus on celebrating all forms of family love can help alleviate the sense of loss around these holidays. For instance, inclusive activities that allow children to create gifts or write messages for any significant caregiver in their lives, be it grandparents, aunts, uncles, or family friends. This approach helps children feel included and acknowledged, no matter their circumstances. Additionally, support from counselors and peers can be instrumental in helping children navigate their feelings during these times. They are encouraged to express their emotions through art, writing, or conversation, which can be therapeutic. Ultimately, the goal is to foster an environment where every child feels valued and loved, ensuring that the spirit of Mother's Day and Father's Day is one that is grounded in the truth that they have a Heavenly Father that always welcomes them, includes them, and is their family.

Blessings,
Sarah Ellis
Sarah Ellis
 Executive Director
 My Father's Arrows



OUR MISSION

The mission of My Father's Arrows is to provide children who have been impacted by trauma with safety, nurturing, and stability. Helping them grow into thriving adults and faithful disciples of Jesus Christ.



WAYS TO GIVE

Did you know that you can make MFA a beneficiary of your life insurance, IRA, or 401K policy? In addition, you can assist with:

- Financial Donations
- Everyday Needs
- Vehicle Program
- Wills, Estates, & Planned Gifts



ACCREDITATIONS



HOW TO BE SAVED

1. Acknowledge & confess your sin to God. (1 John 1:9)
2. Repent of & turn away from your sin. (Acts 2:38)
3. Accept & believe on the Lord Jesus Christ as your Savior from sin. (Acts 16:31)